

MINIMISE INFECTION RISK

CAUSED BY THE CORONA VIRUS COVID-19 AND OTHER EPIDEMICS



Clean hands with soap and water or hand disinfectant

Cough and sneeze into your bent elbow or into a napkin



Avoid contact with people who have a fever, cold or influenza symptoms

Ensure hygiene and avoid touching eyes, nose and mouth



Avoid touching surfaces in public areas, such as handrails, lift buttons, touch screens, POS devices and door handles

Greet others with a smile rather than handshake or hug



Persons with symptoms of cold, fever or influenza after staying in a known infection area:
Immediately call **1700** or use the online chat at www.heilsuvera.is